

THE STAR



FIRST EDITION



A good teacher

Letter to the President



a look inside
qualities of a good learner



Special first edition!



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EDITOR'S MESSAGE

Dear Reader,

Today I am thrilled to bring to your attention, the in an ugural issue of "STAR" our school magazine, in the hope that it will tickle your interest. We could not have achieved this milestone without our creator the Almighty God. And on this note I want to thank God who has brought us all this far. I want to also appreciate pupil's body. Primarily the literacy club (Readers and Writers 2018 who availed their time to write and typeset the articles.



I would also like to thank the teaching and non-teaching staff who took heed of our call to write articles, the secretary who did the printing and the administration, who took the steering wheel and drove us through the entire process.

Special thanks to Mr. Taitika Conrad a social worker and a parent to the school who brought the idea of publishing our first edition.

Our cherished directors, thank you so much. May the almighty God bless you.

This magazine explores the account of Tara Nursery and Primary school, Namuwongo encompasses the change in the environment and name. It brings you face to face with the booming of Tara Nursery and Primary school, Tara pupils painting a true picture of more innovation.

The publication of this magazine is a sign that Tara Nursery and Primary school, Namuwongo is as a "STAR" as we look forward to other issues.

God is my Shepard
Knowledge is wealth

Ms. Mbonigaba Hanabella Florence



Editor in Chief

Ms. Mbonigaba Hanabella Florence

Associate Editor

Kiryra Geoffrey Mwanje
kiryageoffrey@yahoo.com

Art Director / Graphic Artist

Namayanja Sandra
sandra@enhancegraphicsug.com

VISION

To be a pre-primary and primary center for building a strong education foundation for pupils to become productive, competitive and creative citizens who respect their religions, cultural values and the national ethics.

MISSION

To provide a stimulating and challenging learning environment supporting pre-primary and primary outcomes, recognizing and developing each child's unique potential as resourceful learners and providing extra-curricular activities to foster pupils individual interests and talents.

CORE VALUES

- T- TEAM WORK
- A- ACADEMIC EXCELLENCE
- R- RELIABILITY
- A- ACCOUNTABILITY

DIRECTOR'S MESSAGE

PRIMARY SECTION



Let me take this opportunity to extend my warmest greetings to all the stakeholders of Tara Primary School. I would like to congratulate the primary seven pupils who successfully completed the primary education cycle by sitting the primary leaving examinations.

I extend my appreciation to the parents and staff members whose efforts enabled the school to realize the academic aspirations for the academic year 2017.

I am glad to report that through the focused and committed leadership of the Head Teacher, Deputy Head Teachers, Director of Studies, Heads of Departments and club patrons Tara Primary School has continued to record successes in different academic and extracurricular areas. In the academic year 2017, we took a huge step towards building the capacity of Tara Primary School to provide quality education services through the introduction of an IT based school information management System – School Plus.

Partnership building is underway with external stakeholders to enhance the School's capacity to inculcate creativity. Knowledge resource acquisition to develop

capacity of our pupils for later learning at the higher levels of the education cycle is our development priority for the upcoming academic year.

Going forward, I call upon all the stakeholders of Tara Primary School to continue with their commitment to realizing the endeavors to mould our pupils to become productive and responsible citizens who will make important contributions to the development of Uganda in the future.

Schools which excel in national Examinations hinge their success on good supervision of teachers, monitoring and serious inspection. For any school to register good academic performance, the parents must directly be involved in its running and operations.

A handwritten signature in black ink that reads "Musasizi".

Ms. Musasizi Rebecca



A good leader takes a little more than his share of the blame, a little less than his share of the credit.

HEADTEACHER'S MESSAGE



PRIMARY SECTION

My heart fills with immense pleasure as I perceive the progress being made at Tara Nursery and primary school-Kampala. The seeds of an idea sown in 1998, has quickly come to fruition, and the school is growing into a strong sapling. It is the endeavor of the Tara family to make the academic like, a smooth journey full of joy and discovery.

I extend my warm wishes to the Directors, staff and pupils of Tara, to continue this journey to the road of excellence. May the sapling grow into a sturdy tree and spread its branches. And to our dear parents/guardians, we look forward to the guiding and sharing your child's learning journey and welcome your involvement and contribution to our school community. At Tara, we set up a mechanism of teaching empathy to our pupils which we feel sets them emotionally and socially competent, this will help them be more successful and functioning citizen in the future.

We look at a child as a life issue. And try to see that we model him/her into a holistic manner or a balanced life person.

We've recognized empathy as integral to their change-making. We aim at producing

a world full of individuals that have the ability to cultivate change where it is needed and to recognize that they have the ability to do so.

For those of you who have not joined us yet, our doors are open. Hope to see you soon.

Warm regards

Kirya Geoffrey Mwanje



If your actions inspire others to dream more, learn more, do more and become more, you are a leader.



DIRECTOR'S MESSAGE

NURSERY SECTION

Thanks be to God for the blessed fraternity of the parents, directors, management, staff and pupils of Tara Nursery and Primary School. The first edition of "The Star" news magazine coincides with the twentieth anniversary of the founding of Tara Nursery School. Tara Nursery School was founded in February 1998 with 8 pupils in a residential house. The Nursery school has since grown to a current population 156 pupils housed in a five class roomed block.

Every Ugandan child should be afforded an opportunity to access Early Childhood Education as a foundation for optimal child development. Tara Nursery School existence is pursuant to a mission of providing holistic early child hood development for toddlers (under 6 years old) by building their mental capacity for continued learning as well as laying the foundation for talent development through extra-curricular activities.

I congratulate the 57 graduates from Top and middle class who completed their pre-primary education cycle for the academic year 2017. I commend the Headteacher , the teaching and support

staff of the nursery section for their committed service. Tara Nursery School has endeavoured to the best, given the available learning resources, to make the ECE of our toddler pupils an all-round experience. Plans are underway to acquire more learning aids, modify and adopt new ECE teaching methods for better Pre-primary Education.

We appreciate you the parents who have entrusted us with your children. You give us these children when they are toddlers but as time goes on they grow into responsible children and also grow intellectually. I believe that children brought to Tara are prepared for a smooth transition from the Nursery level to the primary section.

Psychologists believe that a person's character is modelled with in one's first five years of development. What we are today as adults is a product of our caretakers' effort some time back.

As we take care of the pupil we very well know that what they will be in future



YOU CANT LEAD

ANYONE IF YOU

CANT LEAD

YOURSELF!!!

will be a reflection of the values we have instilled in them plus the contribution that the parents made back home.

I am optimistic and believe that God will keep Tara Shine like "Stars" as the name stands.

I would like to call upon the parents and teachers to support the early childhood education activities with a spirit of service and sacrifice to enable Tara Nursery school to maintain educational excellence.

Ms. Maureen Mukoda Joy




D.O.S

MESSAGE

NURSERY SECTION

Greetings to the esteemed readers of "The Star" School News Magazine. The academic purpose of Tara Nursery School is to provide a calm joyous and conducive early childhood learning environment to cultivate and sustain a passion for learning among toddler pupils who pass through the hands of the teaching staff.

During the early stage, we strive to impart self confidence and esteem into the pupils to make them capable of achieving top results from their studies Tara Nursery School provides our pupils with spacious learning areas, intercommunicative learning sessions with team work targets, play based learning through outdoor activities, creativity development through extensive art and music sessions all this to axial the best possible foundation for future livelihood. All this is done with a personal touch including one-on- one pupil-teacher interaction.



Ms. Nambafu Mary



PATRON'S MESSAGE



PRIMARY AND NURSERY SECTION

As we celebrate 20 years in the Education sector, and look back where we have come from, it is worth thanking the Almighty God for His protection and provision in these years that we have gone through thick and thin.

I would like to take this opportunity to thank you the parents, guardians and all well wishers for the financial, material and moral support in these 20 years and being there for us when we needed you most.

We also thank you for entrusting us with your sons and daughters where we failed to optimally serve to your expectations and desires; we do apologise but pledge to take you to greater horizons. We shall serve you even much better for the next 50 or 100 years.

"A LUTA CONTINUA" (the struggle continues)

Mr. Kunya Andrew.



Education is the passport to the future, for tomorrow belongs to those who prepare for it today.



Through this Magazine I would like to inform you that we have computer lessons, from primary four to primary six. Computer lessons in primary act as a foundation for further studies especially when one has hope of joining secondary and campus. It's a pleasure that ever since we introduced this program, pupils have picked a greater interest in the subject.

In this subject we teach pupils computer basics like using a computer and its applications for example using a mouse, key board, printer and others.

We also teach them how to connect all those computer devices /applications mentioned above. After that, the pupils learn how to use different Packages like Microsoft office word and other packages depending on the class.

These different packages taught at Tara Nursery and Primary school help pupils to build a foundation that will help them fit in professionals like becoming secretaries , computer technicians , accountants , bank tellers to mention a few in the near future. I therefore advise all pupils to learn computer if they are to have a better future because technology is improving day by day.

Kaziro Jorum
IT Dept

CHAIRPERSON'S MESSAGE



SCHOOL MANAGEMENT COMMITTEE

On behalf of the school Management committee of Tara Nursery and Primary school and on my own behalf, I would like to congratulate the committee, Directors, staff and parents for this well –deserved 20 years anniversary.

It is a great honour for me to serve you in this capacity as a chairperson and I cherish every moment of it. I thank the Board for trusting and according me the responsibility.

I would like to thank the Parents and Guardians who have entrusted us with their children, and I encourage even those who have not yet joined us, to do so.

The school is established on a professional and religious foundation, and is licensed by the

Ministry of Education and Sports (MoES) For the last 20 years, the school has been progressively performing well. This is reflected in the in the past PLE results. We are confident that the future of your children is bright.

Once again, I congratulate the school on the 20 years of educating the sons and daughters of your nation. I also thank the Government of Uganda for better working environment.

FOR GOD AND MY COUNTRY

KAWANGUZI GEOFREY
CHAIRPERSON
SCHOOL MANAGEMENT COMMITTEE



Let us sacrifice our today so that our children can have a better tomorrow.





Success is no accident. It is hard work, perseverance,

learning, studying, sacrifice and most of all, love of what you are doing or learning to do.

THROUGH PRAYER, FASTING,

AND STUDYING, GOD WILL ANSWER.

It is with great pleasure that I welcome you our 1st Edition of "The Star". We thank the Almighty God for his boundless grace which enabled us to register notable and remarkable achievements for the year under review. Similarly we would use this edition to take stock and showcase our stewardship in the last one year and recommit ourselves to better performance. Our academic achievements were in tandem with our goal of sustaining high academic ambitions. Our school presented 33 candidates for PLE in 2016. 26 passed in first grade and the rest passed in Division 11.

Our performance improvement plan made during the academic meetings is a recommitment to better academic performance in 2018.

We are privileged to be an exceptional school that offers an integral human formation and holistic education which stretches beyond scoring distinctions in examinations. God re-energize us and inspire us to undertake more tasks tomorrow so as extend our horizons achievements. "Knowledge is Wealth"



M/s. Nansereko Annet
Deputy Academics

Let me take this opportunity to thank the almighty God for the academic success Tara Primary School has seen since 2010. I extend my thanks to the Directors, Administrators, Teaching and Non Teaching Staff for the support they have given this great institution.



To our beloved Parents and Pupils and wellwishers I wish to convey my appreciation. Without you we can't achieve a lot. Academically Tara Primary School has flourished since it was opened as outcome of dedicated efforts of all the stakeholders of the School. Administratively Tara Primary School has four arms which interact to enable the smooth running of the school namely ;Heads of Department, Class Teachers, the Prefectorial Body and Class Monitors. Our boarding pupils are focused on their study under the loving care of the Matrons. Let us continue on this steady pursuit of academic excellence.

Mr. Mabachi Frank Ongaria
Deputy Teacher Administration



//

You learn to speak by speaking, to study by studying, to run by running, to work by working; in just the same way, you learn to love by loving.

It's always said that one should build his house on a rock, indeed Tara Nursery and primary school is a rock on which I build my services.

Tara Nursery and primary school helped me discover my talent in the most feared subject (Mathematics) that helped me to perform well in my science subject at "O" level, "A" level until university, ending up a professional civil engineer. Besides Academics, Tara developed me into wholesome into citizen . Today I am serving my country Uganda.

The morals developed from Tara have helped me relate with different categories of people. I worked with Sinopic Shengli construction company as a surveyor on Kyenjo – Kabwoya Road project fund, later I joined Nectron technical services as their site supervisor after which I joined Chaina railway 18th Group construction company Musital – Lumino /Busia – Majangi road project as a surveyor. Bravo Tara school

Eng; Kyamulangira George
Vice C/P Obs Tara School



THE CHAIRPERSON-OBS AND OGS

Dear Reader,
 I am honored to share with all parents, teachers, pupils and distinguished friends, of Tara Nusury and Primary School-Kampala.

I am Andrew Pemba, an old pupil of Tara nursery and primary school-1998-2003(Nursery and P.7) I am proud of Tara because of what I am today. I am now a successful accountant, currently working with Roofings Limited. as a sales Executive.

I believe parents are the main influence in children's lives. And the goal of this great School is to build a relationship with the child and with the family. As your child develops a sense of trust in the school environment, they learn to separate from you with

confidence knowing you will return at the end of the school day. Thanks for the support given to my brothers and sisters at Tara Today. My brothers and sisters in Tara school, don't hesitate to read your books, you can make it to your dream profession, because the future is in your hands

I conclude by thanking you for choosing Tara, as our Motor goes Knowledge is wealth I pray that we all attain that. Bravo bravo Tara school.

Pamba Andrew
OB 1994-2003

STAFF AT TARA

A PERSON CAN ONLY LEARN

FROM WHERE THEIR HEART DESIRES



Sakwa Geoffrey



Mutema George



Katwesiime Peace



Masiga Rooney Charles



Nandawula Mable



Nanyunja Jane



Mwebaze Miriam



Alfaijo Esther



Nambwere Maria



Mabaaki Frank



Naisanga Juliet



Nambafu Mary



Peremba Elijah



Kidaada Ayub



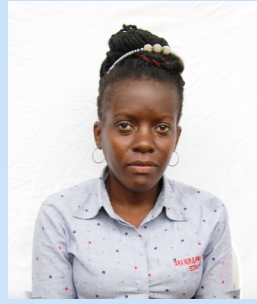
Nanziri Suzan



Nanziri Suzan



Nammbazira Agnes



Nalunga Leila



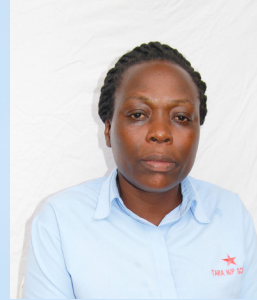
Kembabazi Ronah



Walwema Alex



Tumukunde Doreen

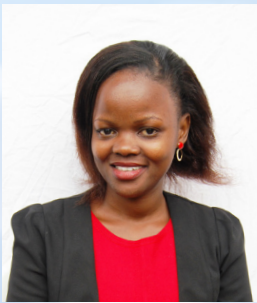


Kawuma Rosette



Nassali Faridah

NON TEACHING STAFF



Namazzi Sarah



Naiwumbwe Shamina



Kyakuhaire Eva



Muja Lydia



Nakanjako Lydia



Kizito



Hajati



Kyomu Winnie



Naigoma Sarah



Nampenje Christine



Baluka Madina



Nansubuga Edith



Damulira Issa



PREFECTS BODY

A LEADER LEADS
BY EXAMPLE,
WHETHER HE/SHE
INTENDS TO OR NOT

Coming together is the beginning, keeping together is progress, working together is success. School is not only an infrastructure, but it is a practice for future; the things taught in school are not the education but it is the means of education.

Being a student here, I can assuredly say that it is the best institution to be in. It is the confluence of well educated 'guiding-lights' – the teachers, who burn themselves through their hard work to lit up the developing candles; a perfect head to lead the institution – the principal, the other supporting staff who help us

through their visible and invisible ways. Undoubtedly, I can say that Tara Nursery and Primary school is helping us to emerge as a good students with an influential and effective personality.

Being prefects is not about the position or a title but it is about action and example which can make a difference. It is an honour and privilege for us to be the heads of the students in Tara Nursery and Primary school. We as leaders not just lead but work in collaboration with each one of us to achieve the best for our school. We promise to work hard with all my zeal, devotion and determination.

Let us show the world, the strength of unity as Tara Nursery and Primary school.



A person who is worthy of being a leader wants power not for himself, but in order to be of service.



I love Tara Primary School where i am serving as the Head Girl. School Prefects are supposed to be an example to other pupils of good behavior and hard work.

Fellow pupils please follow the advise and guidance of our prefects and teachers so that you can succeed in life.

Arach Pamela
Headgirl



All of the great leaders have had one characteristic in common: it was the willingness to confront unequivocally the major anxiety of their people in their time. This, and not much else, is the essence of leadership.

I thank you for electing me as your head boy. I have been trying my level best to ensure that indiscipline among the pupils does not interfere with the main reason of coming to Tara Primary School to study. Please abide by the school rules and regulations for a better future.

Aijuka Richard
Headboy





CLASSES YEAR 2018







NURSERY SECTION

The art curriculum at TARA aims to provide children and young people with opportunities to express their ideas through a wide range of creative activities, and by engaging with artists and other professionals from the cultural and creative sector they are able to learn new skills and develop an insight into the creative process within an environment that can be stressful and invasive. These opportunities also provide important situations to socialise and to explore ideas with others.

They can also help to alleviate stress, increase motivation and raise self esteem. Projects are regularly evaluated to assess positive outcomes for young people and the views of participants are sought and taken seriously.







QUALITIES OF A GOOD LEARNER

A GOOD TEACHER
 CAN INSPIRE HOPE,
 IGNITE THE IMAGINATION
 AND INSTILL A LOVE OF
 OF LEARNING.

1.

Good learners are curious – They wonder about all sorts of things, often about things way beyond their areas of expertise. They love the discovery part of learning. Finding out about something they didn't know satisfies them for the moment, but their curiosity is addictive.

2.

Good learners pursue understanding diligently. A few things may come easily to learners but most knowledge arrives after effort, and good learners are willing to put in the time. They search out information—sometimes aspiring to find out everything

that is known about something. They read, analyze, and evaluate the information they've found. They talk with others, read more, study more, and carry around what they don't understand; thinking about it before they go to sleep, at the gym, on the way to work, and sometimes when they should be listening to others. Good learners are persistent. They don't give up easily.

3.

Good learners recognize that a lot of learning isn't fun – That doesn't change how much they love learning. When understanding finally comes, when they get it, when all the pieces fit together, that is one special thrill. But the journey

to understanding generally isn't all that exciting. Some learning tasks require boring repetition; others a mind-numbing attention to detail; still others periods of intense mental focus. Backs hurt, bottoms get tired, the clutter on the desk expands, the coffee tastes stale—no, most learning isn't fun.

4.

Failure frightens good learners, but they know it's beneficial – It's a part of learning that offers special opportunities that aren't there when success comes quickly and without failure. In the presence of repeated failure and seeming futility, good

learners carry on, confident that they'll figure it out. When faced with a motor that resists repair, my live-in mechanic announces he has yet to meet a motor that can't be fixed. Sometimes it ends up looking like a grudge match, man against the machine, with the man undeterred by how many different fixes don't work. He's frustrated but determined to find the one that will, all the while learning from those that don't.

5.

Good learners make knowledge their own – This is about making the new knowledge fit with what the learner already knows, not making it mean whatever the learner wants. Good learners change their knowledge structures in

order to accommodate what they are learning. They use the new knowledge to tear down what's poorly constructed, to finish what's only partially built, and to create new additions. In the process, they build a bigger and better knowledge structure. It's not enough to just take in new knowledge. It has to make sense, to connect in meaningful ways with what the learner already knows. Good learners never run out of questions – There's always more to know. Good learners are never satisfied with how much they know about anything. They are pulled around by questions—the ones they still can't answer, or can only answer part way, or the ones without very good answers. Those questions follow them around like day follows night with the answer bringing daylight but the next question revealing the darkness.

1

OBSERVANT



PRAGMATIC

2

3

DEDICATED

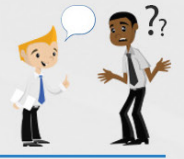


FEARLESS

4

5

PATIENT & CENTERED



REALISTIC

6

7

PERSONABLE



WORLDLY

8



THE IMPORTANCE OF

MUSIC EDUCATION



Every child deserves a quality music education. Music is but a subject that can enrich pupils' lives and education. Music education is so important in the following ways:

Musical training helps develop language and reasoning: Pupils who have early musical training will develop the areas of the brain related to language and reasoning. The left side of the brain is better developed with music, and songs can help imprint information on young minds.

A mastery of memorization: Even when performing with sheet music, pupil musicians are constantly using their memory to perform.



MUSIC
is the
**UNIVERSAL
LANGUAGE
OF
MANKIND**

The skill of memorization can serve students well in education and beyond.

Pupils learn to improve their work: Learning music promotes craftsmanship, and students learn to want to create good work instead of mediocre work. This desire can be applied to all subjects of study.

Increased coordination: Pupils who practice with musical instruments can improve their hand-eye coordination. Just like playing sports, children can develop motor skills when playing music.

BABY GLORIA

MUSIC CAREER



A sense of achievement: Learning to play pieces of music on a new instrument can be a challenging, but achievable goal. Pupils who master even the smallest goal in music will be able to feel proud of their achievement.

Kids stay engaged in school: An enjoyable subject like music can keep kids interested and engaged in school. Pupil musicians are likely to stay in school to achieve in other subjects.

Success in society: Music is the fabric of our society, and music can shape abilities and character. Musical education can greatly contribute to children's intellectual development as well.

Emotional development: Pupils of music can be more emotionally developed, with empathy towards other cultures. They also tend to have higher self-esteem and are better at coping with anxiety.

Students learn pattern recognition: Children can develop their math and pattern-recognition skills with the help of musical education. Playing music offers repetition in a fun format.

Musical instruments can teach discipline: Kids who learn to play an instrument can learn a valuable lesson in discipline. They will have to set time aside to practice and rise to the challenge of learning with discipline to master playing their instrument.

Preparation for the creative economy: Investing in creative education can prepare students for the 21st century workforce. The new economy has created more artistic careers, and these jobs may grow faster than others in the future.

Development in creative thinking: Kids who study the arts can learn to think creatively. This kind of education can help them solve problems by thinking outside the box and realizing that there may be more than one right answer.

Music can develop spatial intelligence: Students who study music can improve the development of spatial intelligence, which allows them to perceive the world accurately and form mental pictures. Spatial intelligence is helpful for advanced mathematics and more.

Kids can learn teamwork: Many musical education programs require teamwork as part of a band or orchestra. In these groups, students will learn how to work together and build camaraderie.



“I really love singing. No one has ever forced me to [do it]. It is a gift from God that I really treasure. I believe that He [God] gave me this particular gift to minister, to touch very many kids lives – a young generation and the older generation because as I grow, I tend to speak to different age groups.” Baby Gloria



Music expresses that which cannot be said and on which it is impossible to be silent.”



COOL!



**Just play.
Have fun.
Enjoy the
game.**

**“Be stress free”
Please reduce your stress in
2018. People are really
over working these days!!!
A boda boda guy worked till
11:50pm on getting home
,he decided to take a bath.
He suddenly ran out of the
bathroom shouting ghost
ghost.....narrating his
story ,he said he had
poured water on his head
for about five times and the
water wasn’t reaching his
head .Hearing this his
neighbours rushed out only
to discover that the idiot
did not remove his element
before taking his bath .**

**Every mountain
top is within
reach, if you
continue
climbing.**



**Hello Tara,
Today we
will think
bigger than
our size.
Today we will
refuse to
accept
limitations**

KINDNESS

The last but obviously one of the most important characteristics to have in his box of qualities: he should be a gentle, kind, chivalrous, and benevolent person. Pupilss should love him, and when they do love him, they idolize him. Then ultimately, they will respect him, will do the homework, and eventually will bring greater outputs and results.



Wow!

Bees Bees Bees

*They are three types of bees
A Queen bee, drone bee and
worker bee Queen bees lay eggs,
drone bees fertilize the eggs,
worker bees clean the hives*

BEES BEES

*Working together
Bees, Bees, Bees
Bees are important .*

*They produce wax for making
Candles and shoe polish
They pollinate our crops
They provide honey*

Bees Bees Bees

*Bees have enemies like
Wood ants, sugar ants
The most interesting is they are
Social bees because they live,
move and work.*

OOPS!

A GOOD SENSE OF HUMOR

A good teacher should also have the quality and characteristic of having a good sense of humor. It is a logical fact that a person generally teaches the next generation and as they are younger than the professor, they are expected to have more fun in the class too. So, a good teacher is the one who can keep up with his sense of humor, and with his strong communication skills and personality, can also maintain the discipline of the class.

**Today we will
not be held
back by the
past.**

**Today is our
day to Rise
and shine like
stars.**

SMILE!



“Be Focused”

*Those who get lost on
their way to school will
never find their way
through life.*

OOPS!



ALCOHOL AND SMOKING

Alcoholism is the taking of alcohol every day. It causes addiction mostly. Alcoholic addiction in which a person gets addicted to alcohol. Alcohol is made in two methods. These are fermentation and distillation methods.

Smoking is the drowning of smoke from burning tobacco through the mouth. Tobacco is used as a drug. It can be smoked, chewed or sniffed through the nose. Tobacco contains dangerous substances when burnt like nicotine, tar and Carbon-monoxide gas. Smoking usually causes diseases like lung cancer, emphysema, bronchitis, cancer of the mouth and throat, tuberculosis and asthma.

So the advice I give to my fellow pupils is to stop taking alcohol and stop smoking.

BY KYOKUSIIMA AMELIA.

(Tara Nursery and Primary School)

Climate in Uganda

We experience only four types of climate Equatorial, tropical, semi- arid and mountain climate.

The equatorial climate receives receives heavy rainfall which favours crop growing in various areas crops whose growth are favoured by this type of climate include, coffee, tea, an cocoa. The tropical climate though receives rainfall which supports the growth of cotton and millet.

The semi arid climate supports pastoralism while mountain climate is the mist important because it supports growth of Arabica coffee.

ANAEMIA AFFECTS THE FAMILY

Anaemia is severe weakness caused by lack of enough iron in the body. This reduces the amount of Oxygen being carried in the body since the haemoglobin carrying oxygen in red blood cells is mainly made up of iron. Shortage of oxygen means that little food is burnt to provide energy.

This causes the body weakness. A person who is Anaemic has a pale skin, gum, eyelids and tongue. He or she has white finger nails and general body weakness. People, who do not have enough blood, lack enough iron in their bodies.

Anaemia can be caused by one eating food rich in iron, such foods include liver, dark green leafy vegetables, meat, beans and eggs. In serious cause of Anaemia the patient is given blood through transfusion.

Malaria related Anaemia can be avoided by controlling mosquitoes. Unlike the Anaemia, sickle cell Anaemia is a disease that is passed on from parents to their children.

Written by Ameto Esther Angel



MY AMBITION

My name is Nanyonga Prisca. I am in P.4 mercury. I study at Tara Primary School. I like my school, it is the best. My sister`s name is Nazziwa Leticia.

My mother`s name is Mutesi Christine and my father`s name is Sekalulu Joseph Zziwa, I like my parents so much. My sister is in P.2 Dove. My mother works at MTN mobile money and my father works at ministry of health.

When I grow up I will become the President of Uganda. I just need your votes. My class teacher is Mr. Mutema George William. I like my life.

NANYONGA PRISCA . S



HIV/AIDS AFFECTS THE FAMILY

Some children in the family may be infected with HIV/AIDS. Reduction on the labour force in the family. Children become Orphans when parents die. Sometimes they become delinquents, if one responsible takes care of them, loss of family property such as land, house and other family projects. Family members are sometimes separated when different relatives take care of them. Widows are often ignored and chased from the family house. In case the AIDS patients are the parents, the family may experience shortage of basic needs like food, clothes and school fees. This is so because the income earners cannot attend to their work properly to get enough money. In case of death of both parents, children become orphans. Many Orphans find it hard to live without their parents. The majority of them are unable to get money for clothing, education and other necessities. They drop out of school and live a miserable life. Tasks to Universal primary and secondary education, a big out of children, who would have dropped out of school due to lack of school fees, are being supported. Grandparents have a burden of raising their grandchildren so the advice I give you keep yourselves.

By Kawuma Eva



Hello



ENVIRONMENT ENVIRONMENT

Trees in the environment
Plants in the environment
Provide us with shade
Provide us with food

Environment environment
In nature animals
Flora and fauna
Provides skins
We get leather

Environment Environment
Provide us with forests
A source of tourism income
A home of wild life
A source off bee honey
The green environment
The environment of plants and crops
Growing every where in the jungle
A rest place for wild game

The green environment
The environment of trees and shrubs
Tall and short equally growing together
And helping in the formation of rainfall
The green environmem
The environment oof sortds of vegetation
With tiny large and tiny leafy trees
The food for herbivores and insects.
The green environment
The environment with decorations of green
Green, green beautifying homesteads
Where humans enjoy the freshness of air



LETTERS TO THE PRESIDENT



HIS EXCELLENCY

PRESIDENT OF

UGANDA

YOWERI K. MUSEVENI

Your Excellency the President of Uganda.

I am writing this letter to inform you about hunger in our mother land Uganda. Many people are dying of hunger.

I would like to request you to reduce the prices of food and help people in karamoja by building for them boreholes and valley dams in order to start up.

Kampala prices for food are increasing each day and some people cannot afford them. If you look at the price of sugar 1 kg costs 5000/= but some even stopped taking sugar. If you go to the price of matooke what they give for shillings 2000 for example is like for Shs 1000/= I humbly request you to help our country and our people to save them from starving

Your faithfully
Kisambira Oscar



Your Excellency the President,

I would like to share with you my issue. It is about street children. They are suffering a lot, some of them don't even eat for days. Some are killed and raped which is very bad. But the good thing is I have a nice solution to this problem. I think we should build orphanages and arrest those who kill street children. We should get a big car and go on getting the children from the streets and take them for medical check ups to see if they are sick so that we can treat them. After we should build some schools for them to study you never know they can become ministers, doctors, chairpersons even presidents. Let me not forget this, we should go to the bars and arrest those who pick children from streets and take them to work as prostitutes

Yours faithful follower
Kashish Khan

If you're walking down the right path and you're willing to keep walking, eventually you'll make progress.



MINISTER OF HEALTH

Honourable Minister,

I am writing to tell you that people are suffering from diseases. Please if you can help us ,please build more hospitals, buy more medicine and medical equipments. Mostly buy medicine for Malaria because almost a day 100 people are infected by malaria. Together with you we can fight diseases in Uganda

Yours faithfully
Ankunda Brian



MEMBERS OF PARLIAMENT

Dear Members of Parliament and Important People,

I REQUEST YOU TO STOP CORRUPTION PLEASE. Corruption has become a problem in the world. I request you to arrest and advise people to stop doing it. Corruption has caused death , disappointment, misunderstanding , insecurity and many other problems. I would feel happy if corruption is abolished

All people sincerely
Wanyoto Borris



TO OUR GOVERNMENT

Dear Government.

it is a pleasure to write to you this letter. My issue is children who are denied their rights. Most of them stay on the streets without eating food. Some children are denied their rights to play. To solve this issue the government should advise the parents to always provide their children with anything they want because when they are given their rights they may become very important people in the future. I call upon the government to protect the rights of children because they are the leaders of tomorrow.

Yours sincerely
Nantume Alia



MINISTER OF FINANCE, PLANNING AND ECONOMIC DEVELOPMENT

Hon MOFPED,

I want to talk about poverty in our country. Dear Sir I am giving you the solution to this problem. Firstly poverty is brought by people themselves by being lazy. So I advise you to tell people to start small scale industries like fetching water for people, selling charcoal , farming and very many other simple activities. By doing that it helps people to live a settled life. So that is the advise I give to you to tell them. So thanks for listening to me. Have a nice week.

Yours faithfully
Kasango Raymond Jeremiah



UGANDA

PARLIAMENT OF UGANDA





GAMES AND SPORTS

Although academic and sporting achievements are very important to us, we also seek to cultivate good citizens – mature young people who care for others and have a desire to give back to the community which has nurtured them. Providing opportunities for our students to do this is a very important part of school life, and we are extremely proud of those who step up to the mark. Everyone is valued for their unique contribution to the life of the school. We recognise the special gifts, talents and needs of each individual as we strive for excellence.

We have a tradition of offering a wide variety of opportunities, with a diverse curriculum and many visits and events designed to excite, interest and challenge. The influence of our specialism in Sports is evident throughout the school and complements well our many other strengths. We work hard to maintain our excellent links with parents and the community, and we are constantly looking for ways of enhancing these relationships.







MESSAGES FROM CLUBS

LITERACY CLUB

SCOUTS CLUB

DRAMA CLUB

IT IS NOT IN THE STARS TO HOLD OUR DESTINY BUT IN OURSELVES.

About literacy club, all over the world, children are hungry for learning and for the power it brings. Research shows that the children learn to read and write best by writing and telling the stories of their own experiences. It is rare to find safe spaces where children feel fully comfortable to do so. The lit club provides a democratized, mobile and effective method of teaching and learning that can be replicated a variety of circumstances and tailored to social problems and the social advantages of today. Telling and sharing stories enables children to learn the tools of reading and writing, and this transforms their lives for the better. The lit world (lit club) offers children a safe structured setting to read and write and raise their voices. Lit club members use their writing to be agents of change and hope in their communities. Lit clubs are places where children's words change the world.

Reading is important to a child's literacy development and is an integral component of the lit club. Reading teaches the children to be creative and imaginative, inform oral story telling, this is a great tool. Reading loud to the children everyday puts them almost a year ahead of children who do not receive daily aloud regardless of parental income, education level or cultural background. In lit we do teach the members the seventh strength which build the members / children's growing sense of themselves. And we discuss important issues in the children's life. We do connect each lesson's strength to the day's activity and compliment members when they are able to make these connections themselves. And these are the 7 strength.

Belonging; Identifying as a needed, loved and respected member of one's family, community.

Curiosity; Fostering a willingness to

explore new territory and taste new things.

Friendship; Having a close, trusting relationship with others.

Confidence; Thinking independently and expressing ideas with assurance.

Courage: The strength to do something that you know is right even though that it may be difficult.

Kindness; Being tender towards others in the world who are in need both near or far.

Hope; Thinking optimistically and believing that today's effort will produce good things in the future for yourself and the world.

These are some of the little books we have read.

- Tazan
- The ugly duckling
- Alice in wonderland
- Just us women.
- Too many Tamales.
- The ribit

Hanabella Florence Mbonigaba (Readers & Writers Club)



RAISING VOICES

Raising Voices is a nonprofit organization based in Kampala, Uganda. The organization works to prevent violence against women and children. It has been in existence since 1999. It has worked with schools, communities, NGO partners, and government departments to promote primary prevention of violence.

In schools, Raising Voices implements an intervention called the Good School Toolkit (GST). The GST is a school-wide intervention aimed at influencing schools to create a positive school.

Step one: Focuses on team building.
 Step two: Preparing for change (within the school and surrounding communities).

Step three: Good Teacher and Teaching.
 Step four: Positive Discipline.
 Step five: Good Learning Environment.
 Step six: Good Administration.

In the implementing schools, teachers are oriented about the Good Schools ideas. The ideas include; promoting positive discipline, good relationships between teachers and students, and a transparent administration. In other words, creating a Good School involves:

Allowing all stakeholders to get involved through transparent decision-making processes and clear policies that ensure students' safety.

Developing a set of values and standards that guides the school.

Giving teachers and students/pupils to lead the process by giving everyone a chance to participate in what happens at school. i.e. children take on leadership

roles, and their voice is heard. Encouraging parents, local leaders, and other community members to participate in school activities.

In summary, Good and motivated teachers + Conducive learning environment + accountable and transparent administration = A Good school.

Since 2006, Raising voices together with other partners have implemented the Good School Toolkit in over 750 schools across Uganda. Tara primary school is one of the schools that has had the Good School Toolkit intervention. Due to their outstanding performance, Tara was selected to become a model school. Raising voices appreciates the commitment that Tara primary school has exhibited towards implementing the Good School program. It is a clear indication that the school administration cares about the school and wants the best for its learners. We believe that other schools can learn from Tara to make their schools better.



Raising voices, is working to prevent violence against women and children."





MUSIC, DANCE AND DRAMA

Many people today are better equipped than ever before to deal with life's challenges and difficulties. We live longer, enjoy more leisure time, and have access to the world's knowledge at the touch of a button. But children are spending less time playing physically, mixing with different generations, creating imaginary games, and interacting with parents. Many are becoming socially isolated because their leisure time is spent in front of a computer or television. They are losing the ability to empathise, to communicate and to read emotional language.

What, then, of their ability to sing, dance and let their imaginations soar?

Through dance, children develop spatial awareness, become less clumsy and pay more attention to others sharing their space. Children struggling with language can express their feelings with immediacy through dance and movement.







EIGHTEEN WAYS TO KEEP YOUR JOB

1. Be on time
2. Be responsible
3. Don't argue with your Boss
4. Follow instruction
5. Stick to the schedule
6. Render sincere and diligent service
7. Get along with others
8. Be friendly and helpful
9. Remember, Business comes first
10. Take criticism wisely
11. Keep yourself busy
12. Leave your frustration at home
13. Take pride in your job
14. Don't envy those ahead of you
15. Don't demand reward for every service rendered
16. Share experience with others
17. Remember, there is no vain labour
18. Above all, be honest

A GOOD TEACHER

“Educationist says that a teacher is a parent at school and a parent is a teacher at home.”

Teacher Joy.

FRIENDLINESS AND CONGENIALITY

I think the most important characteristic of a good teacher can have is to be friendly and congenial with his pupils. It is a plus if his pupils can share their problems with him/her.

A GOOD PERSONALITY

A good teacher has a very good personality; there is no second thought about it. Pupils always get attracted to teachers with good personality which leads to better communication, understanding, and ultimately good results. Everyone can have a good, decent, likable, and presentable personality. Just dress sensibly well, smell good, and be a little gentle and kind.



Teaching excellence is an on-going engagement with the scholarship of learning and teaching, an understanding of how students learn, a promotion of interactivity, and an all-round enhancement of student learning.

DEEP KNOWLEDGE AND GREAT EDUCATION

Another important characteristic of a good teacher is his knowledge and own education. There is a saying that 'a teacher is only as good as his knowledge is.' After all, he/her is doing a teacher's job, which is to teach. If he himself lacks in the knowledge of a certain subject that he teaches, he is never going to make a name for himself/herself.

A COMMUNICATOR

One of the very important characteristics of a good teacher is his communication skills. He should be a very good speaker. This characteristic will provide benefits in several ways. For example: If his communication skills are good, he can convey his/her lectures with better skill and results. If he is a good speaker, his class strength increases automatically. People love to hear a person who he can speak well enough. There is always a shortage of good speakers in the world





SCHOOL ANTHEM

UGANDA NATIONAL ANTHEM

Oh Uganda may God uphold thee
We lay our future in thy hand
United, free; for liberty
Together we'll always stand

Oh Uganda! The land of freedom
Our love and labour we give
And with neighbours all
At our country's call
In peace and friendship we'll live

Oh Uganda! The land that feeds us
By sun and fertile soils grown
For our own dear land
We shall always stand
The pearl of Africa Crown.

UGANDA NATIONAL SCHOOL

ANTHEM

We young women and men of Uganda
Are marching along the path of Education
Singing and dancing with joy together uniting for a better
Uganda.

We are the pillars of tomorrow's Uganda
Let's rise now and embrace true knowledge
Yielding discipline, resourcefulness
To rebuild the Great Great pearl.

Parents and teachers and the youth of this nation rise with us
and support our endeavours
Led by God who is the source of life.
To uplift our mother land.

We know the way to the land of enlightenment
Has thorns, creeps, valleys and mountains
Come what may, we shall overcome
For the glorious time to come.



EAST AFRICAN COMMUNITY

(EAC) ANTHEM

Chorus:

Jumuiya yetu sote tuilinde
Tuwajibike tuimarika
Umoja wetu ni nguzo yetu
Iduma jumuiya yetu

Ee mungu twaomba ulinde
Jumuiya Africa masharika
Tuwezeshe kuishi kwa amani
Tutimize na malengo yetu

Uzaendo pia mshikamano
View msingi wa umojawetu
Natulinde Uhuru na Amani
Mila zetu na desturi zetu.

Viwandani na hata mashambani
Tufanye kazi sete kwa makini
Tujitoe kwa hali na mali
Tuijenge jumuiya bora

BUGANDA ANTHEM

Okuva edda n'edda eryo lyonna
Lino eggwanga buganda
anti lyamanyibwa nnyo eggwanga lyaffe
Okwetoolola ensi zonna

Chorus:

Twesimyenny, Twensiimyennyo.....
Olwa Buganda yaffe.
Ekitiibwa kya Buganda kyaavadda
Naffe tukikumenga

Abazira e'nnyo a'batusooka
Balwannannyo mu ntalo
Ne bayagalannyo eggwanga lyaffe
Abafiira ensi yaffe

Nzenaayimbantya ne sitenda
Ssabasajja Kabaka
Asaanira afugge obuganda bwonna
Naffe nga tumwesiga.

TARA NURSERY AND PRIMARY SCHOOL ANTHEM

Chorus:

Tara the school of love and Joy
It's the school of determination with unity
We shall always stand in our motto we do believe that
"Education is wealth".

Verse:

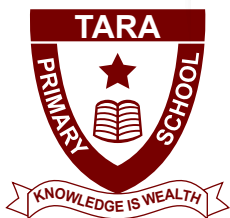
We are the light of the world at large,
With education we shine like stars,
We lift the banners always high
And we believe that we are unique.

Chorus

Tara the school of love and Joy
It's the school of determination with unity
We shall always stand in our motto we do believe that
"we believe that Education is wealth".

Verse:

With hard work we shall always prosper and we shall
always take a lead together
We are united, divided we fall
So we believe that we still lead.



THE STAR



TARA NURSERY AND PRIMARY SCHOOL

Muyenga Namuwongo, opposite International Hospital Kampala (IHK)

P.O Box,2540, Kampala Uganda

Tel: 0772 646 760 / 0772 454 478 / 0772 556 648

Email: taraschool@yahoo.com